



WELLBEING SPECIAL



FRIENDS RESILIENCE

A huge thank you to everyone who has worked so hard to fund the Friends Resilience program, it has been a huge success.

In Year 3, Astrid and Kiran report 'In friends we have been talking about our thoughts, emotions and feelings. It has really helped us to feel happier every day.'

In Year 4, Amy, Sophie, Amelia and Mia Rose report 'We have been learning about how to make yourself happy when you feel really down. We have been learning not to keep thoughts in but to tell your teacher or your mum or dad. It's good because you know things you could do when you want to spend time together with someone.'

In Year 5, Evelyn and Lucy report 'Friends is a really good way of understanding how other people think. In the sessions we have a chance to discuss and find ways to be kind to people when they are unhappy'.

In Year 6, Adam, Joseph and George report 'Everyone likes Friends in our class. It is very useful for people with worries or anxiety problems especially in Year 6 because we have SATs coming up and the move to High School to think about. It is almost like having Wellbeing week every week because it develops healthy mental health'.



Children are awarded House Points for effort, achievement and kindness to others. This week's points totals are

Welton = 294
Morrison = 487
Wilfrid = 307
Ireland = 690



At KPS we believe that good manners are essential and the teaching of these is at the centre of our curriculum. This week **5S, 1W** and **FSFT** have been recognised as having the best manners in school.



We also encourage good table manners and eating. This week's dining superstars are:

YEAR 1



Every day your child spends in school really matters. This week's attendance superstars are:

FSC with 100%



The whole school would like to say a massive thank you to everyone for making Wellbeing week such a massive success:

- To Sarah, Rachel and Cassie for their inspiration and amazing organisation and to Sam, Danielle, Tracey, Kirsty and Rosy for all their effort—you are the A Team!
- To Carrie, Thomas, Hattie, Freddie, Bethany, William, Seth, Matilda, Mollie, Eleanor & Stanley - the best set up team ever.
- To everyone who joined in the fun at Toast and Read or who came to the cake sale or even better provided delicious cakes.
- To our amazing staff for their willingness to take up any challenge and always put the children's happiness first.
- To Emma from The Well, Katie from Leicestershire Police, Mr Morgan, the internet safety cadets, Mr Lapidge, EPIC psychology service, Michelle, Rosy, Kerry and Sarah, Rachel and Cassie for their brilliant workshops.
- To Kibworth Bookshop for visiting and recommending great books.

AND a truly massive THANK YOU to Jo, Jackie and Trudy for their endless support.



Trudy and Charlotte, our two great ELSA workers are starting a new and exciting drop in session for any parent who would like to sit down with a cup of tea and have a chat about wellbeing. Starting on Tuesday 25th February the drop in club will run from 2-3pm every Tuesday in the Tiger Club, entrance directly from the car park, younger siblings are welcome.

Record attendance at Toast and Read



Happy Birthday!

Year 6

Kara & Rowan

Year 5

Jeannie & Rory

Year 4

Ollie

Year 3

Seth & Rhys

Year 2

Iris, Daisy & Maya

Year 1

Dhyan

EYFS

Amelia

On Monday Raffy in Year 2 and Gabriel in Year 6 presented Mrs Paterson with a cheque for the amazing amount of £585.20. The boys raised the money with their friends at the Kokoro Karate Dojo in Smeeton Westerby. Raffy then showed us some Karate moves and a short CATA. We were all very impressed! Huge thanks to Tim Wood and Raffy and Gabriel's parents, for their support for the Kibworth Wellbeing Fund. If anyone is interested in joining the club - the contact number is 07711 144 853.



MOVIE NIGHT REMINDER

Monday 10th February 2020

3.15- 5.15pm

£5 per child includes a drink, hot dog and snack pack

If you are able to volunteer your help would be appreciated

Diary Dates

- 10.02.2020 - Parents Evening (2W & 6H ONLY)
- 11.02.2020 - Parents Evening (all classes)
- 12.02.2020 - Parents Evening (NOT 2W & 6H)
- 14.02.2020 - Foundation Stage Open Morning
- 14.02.2020 - Term Ends
- 24.02.2020 - School opens
- 26.02.2020 - 1RT Ernest Cook visit
- 28.02.2020 - Year 1 Family Worship

School pupils interview Lord Agnew to discuss Wellbeing



On Tuesday Ava and Fraser, our representatives on the DSAT school council, interviewed the Minister for the school system, Lord Agnew via Skype. Ava and Fraser choose to ask him about what the government were doing to promote wellbeing for pupils and staff. He explained that wellbeing was important for every school and even suggested using the Friends programme. Ava and Fraser told him that we already were! It was an excellent experience for the children to gain understanding on how Government departments work. Lord Agnew was extremely impressed by the children's articulate questions and the work they are doing to join together schools across the Trust. Well done Ava and Fraser.